

KAT'S FRONT CABLED SOCKS



SIZE: Women's Medium

MATERIALS:

Paton's Katrina, 2 Skeins (3 1/2 oz/100g)

US #3 double pointed needles

GAUGE:

6 sts per inch

10 rows per inch

ABBREVIATIONS:

K = Knit

P = Purl

C6 = Cable 6 (Place first three stitches on cable needle or extra dpn, and hold to back. Knit next three stitches, then knit the three stitches from the cable needle).

NOTE: My favorite way to join stitches for knitting in the round, is to cast on one extra stitch (49) and leave it on needle #4. As you join the stitches on #4 and #1, move one stitch from the right needle (#1) to the left needle (#4). Knit the two end stitches on the left needle together and transfer it back to the right needle. As you begin knitting with needle #5, you will start with what was the second stitch on the needle (the first

stitch is now on the right needle). Check to make certain you have the right number of stitches on each needle.

PATTERN:

Rows 1, 2 & 3: k2, p1, k6, p1, k4, p1, k6, p1, k26

Row 4: k2, p1, *C6, p1, k4, p1, C6, p1, k26

Rows 5, 6, 7, 8 & 9: Same as rows 1, 2 & 3

Row 10: Same as row 4

Repeat rows 5 through 10, five times

Rows 35 & 36: k2, p1, k6, p1, k4, p1, k6, p1, k26

NOTE: The cable pattern is knitted only on the front of the sock. The back is plain stockinette stitch, as is the foot. If you like a smooth inside for the toe, you can purl beginning with the toe decreases.

INSTRUCTIONS:

Cast on 48 stitches and distribute evenly on four needles (12 sts each needle) Join stitches, being careful not to twist stitches before joining.

Place marker at beginning of row.

Knit 2 X 2 (knit 2, purl 2) ribbing.

Knit in pattern for 36 rows.

Heel:

Here two needles remain the front of the sock, and the other two become the heel. Place all stitches from the back (uncabled) two needles onto one needle, and leave the other two needles with their previous stitches and cables as the instep (front of the sock).

Begin Heel Flap:

Right Side: *s1, k1* repeat across the knit side

Wrong Side: s1, purl across remaining stitches on the purl side.

Continue this pattern for 2 to 3 inches (depending on the required depth of the heel flap from ankle to floor).

Turn Heel Beginning on a purl row:

Row 1: S1, purl to midway plus 2 stitches more (12 stitches + 2), p2tog, p1, turn.

Row 2: S1, k5, k2tog, k1, turn

Continue across each purl and knit row, purling or knitting to the gap created by short-row turn, then purling or knitting across the gap. Purl or knit one more stitch and turn, until all stitches on the needle are finished. (the extra stitches will be come fewer with each row).

When the heel flap and cup are completed, start the gusset.

Finish the heel on a knit row, and begin to pick up a stitch under each of the long slipped stitches along the side of the heel flap. Starting with end with the live yarn, pull a yarn loop through each of the long stitches created along the side of the heel flap by the S1 stitch at the beginning of each row.

Now knit across the 24 stitches on the two front needles. When you reach the end of the front row, pick up at least the same number of stitches along the other side of the heel flap with your extra needle. You should now have 12 stitches on each of the front two needles, and something more that 24 stitches (the original stitches plus the picked up stitches) combined on the heel needle, which you can now distribute evenly over two needles (placing the original fourth needle back into service).

GUSSET (Instep decreases):

Round 1: Knit across front two needles with 12 stitches each.

On needle number 3: K1, SSK, and knit remaining stitches.

On needle number 4: Knit to within three stitches from the end of the stitches on the needle, K2tog, K1.

Round 2: Knit plain around on all needles.

Repeat these two rounds until there are 12 stitches on each of the two heel needles. You should now be back to 48 stitches altogether.

Continue to knit with no further decreases until the foot is complete and you are ready to decrease for the toe.

HINT: For foot length – measure your foot from base of heel to end of big toe. Begin toe decreases two inches from the length of that measurement. (Mine is 10 inches, so I knit the foot for 8 inches before beginning the toe decreases).

NOTE:

I have chosen not to continue the cable pattern down the front of the foot because I believe it makes a more comfortable sock to wear inside shoes. If you prefer, you may continue the cable to the toe using the same graph, and the same number of stitches.

Toe: Use the same decreases you used on the heel gusset, except now on all needles.

ROUND 1:

On needle number 1: k1, SSK, knit to end of stitches.

On needle number 2: knit to within 3 stitches from the end, and k2tog, k1.

On needle number 3: k1, SSK, knit to end of stitches.

On needle number 4: Knit to within three stitches from the end of the stitches on the needle, K2tog, k1.

Continue these two rows until only a few stitches remain and you can no longer knit decreases.

Cut the yarn, leaving enough of a tail to thread through the 12 remaining stitches. Pull the threaded yarn tight and knot on the inside of the toe. Weave in ends, both top and toe.

NOTE: This pattern has been tested with satisfactory results. If you have questions, or if you would like a stitch chart for each row, please email me at knittykat@sbcglobal.net.

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